

Golf & the Mind Game

A Special Golf Seminar - March 8

Book Bums, Cincinnati (West Chester), OH

We all have heard that golf is a “mental” game, but few of us know what that really means. We remain focused and in a good mood until we hit a few bad shots, only to have negative thoughts and emotions overpower us and our games.

Join Tim N. Kremer, M.A., president and founder of Spirit of Golf (who will be joined by Cincinnati golf professional Melissa Yeazell, PGA, and a Spirit of Golf certified instructor) on Saturday, March 8, at Book Bums in West Chester for a seminar in which they will share innovative and leading-edge skills and techniques as they relate to peak performance through the power of the mind. You’ll experience first hand how the inner world of thoughts and emotions precede every golf shot you hit, and you’ll learn skills and techniques that will allow you to access a quieter, calmer, and more confident state of mind you can carry with you onto the golf course and everywhere you go.

This 1 1/2-hour event begins with at noon with plenty of time for questions. During the event, Tim will have available for sale signed copies of his highly-acclaimed book, “*Skills and Drills: Peak Performance Techniques for the Athletic Mind.*”

“Tim shares what I believe is an exceptionally powerful and innovative approach for anyone who wants to think or feel their way around the golf course with a better focused, less reactive mind. In fact, through Spirit of Golf Tim delivers some skills and techniques that are unlike anything I’ve heard or seen before. I have observed firsthand the incredible progress being made by many of our students who listen to and then apply the principles that are shared on the Spirit of Golf materials (informational CDs). I have also seen a dramatic change in how I teach and play golf, as well as in many other parts of my life.”

- **Nick Paez**, top 40 under 40 Golf Digest Teacher, owner of 6 GolfTEC learning centers in the Cleveland/Akron area, 2009 GolfTEC Teacher of the Year and 2010 Golf Digest Top 100 Clubfitter



Tim N. Kremer, M.A.
President and Founder,
Spirit of Golf



Melissa Yeazell, PGA
Certified Instructor,
Spirit of Golf

Date: Saturday, March 8, 2014
Location: Book Bums, 8992 Cincinnati Dayton Rd,
West Chester, OH 45069 (513) 847-1471
Time: 12:00 noon - 1:30 p.m.
Cost: \$20
Registration: To register, contact Melissa Yeazell at:
Melissa.yeazell@pga.com or (513) 305-9326



Spirit of Golf

Tim N. Kremer, MA
Spirit of Golf, LLC
PO Box 938
Port Salerno, FL 34992
Phone: 772.879.1978
E-mail: info@myspiritofgolf.com
www.myspiritofgolf.com

For more information on Tim or Spirit of Golf go to:

www.myspiritofgolf.com